

# A BEST CHOICE MOBILE ULTRASOUND & PREGNANCY RESOURCE CENTER

## *SUMMER 2025 NEWSLETTER*



Thanks to your generous support, “A Best Choice Mobile Ultrasound & Pregnancy Resource Center” (ABC) has accomplished the following over the last year:

- Counselling 285 women
- Administered 240 ultrasounds
- Helped to save 48 beautiful babies!

Because of your prayers and financial help, 48 abortion-minded women have chosen life for their babies over the last year! We are the DMV “*PRO-LIFE 911*”.

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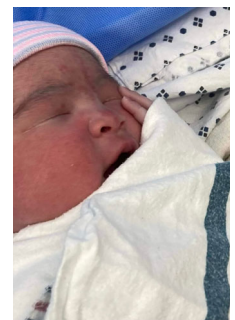
### Some of Our Recent Miracles....

Below are a few stories of the women ABC Mobile Ultrasound ...through your generosity and prayers... have helped to save. (*Names have been changed for confidentiality*)

**CLARA:** Clara was working as an Assistant Manager at Panera and found herself pregnant. Her boyfriend, the father of her baby was abusive so she made the decision not to continue the relationship and was contemplating an abortion. Struggling at Panera, it was difficult to get through the day since she was experiencing morning sickness and was low on energy. Her manager asked her why she wasn't feeling well and she confided in him that she was pregnant. Within a couple of weeks, he let her go complaining that she could not carry out her duties at work. She came to us for an ultrasound and after we promised to assist her with part of her rent for a few months, she chose life! She had her beautiful little girl, Madeline, on November 23<sup>rd</sup>!



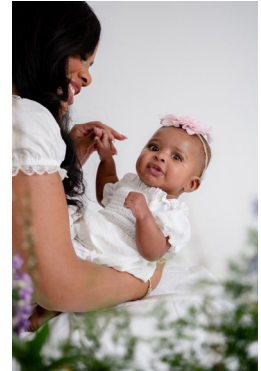
**SARAH:** Sarah and her family were confronted with a seemingly insurmountable obstacle: the staggering cost of daycare for their 3-year-old child amplified by an unexpected pregnancy and the inevitable (and even higher) costs of daycare for their soon-to-arrive newborn. The married couple's modest income disqualified them from receiving assistance with daycare expense, pushing them to the brink of a financial crisis. Both husband and wife are working hard to increase their job skills in hope of higher pay in the near future. Once again, we turned to ABC's supporters for material and prayerful help and your generous efforts turned a crisis into a manageable situation. The response was overwhelming and as for the effects of your prayers and support, the best measure is the photo of Sarah's newborn baby. The struggling family is sincerely grateful for the outpouring of generosity and they and ABC want to express thanks to all of you who helped them through the difficult period. Sarah wrote, “Thank you so much for everything, seriously! Without you all, she would not be here.” This joyous outcome would never have been possible without your compassion, prayers, and generosity! Melissa was born September 9<sup>th</sup>! Her birth is a great cause for celebration and rejoicing! On behalf of Sarah, her family, and their newborn baby, Melissa, my sincere and heartfelt thanks.



**THERESA:** Theresa came to us very distraught ....she was pregnant, and the father of the baby was pressuring her to have an abortion. She had an eight-year-old daughter and a two-year-old son, and was living in the Virginia Williams Shelter in Washington, D.C. She was studying to be a dental assistant when she found herself pregnant. We gave her an ultrasound and explained that she could still pursue her educational and career goals as a pregnant mom. She said that she felt alone and had no support from her family. We were able to help her with financial and emotional assistance when she needed it the most. She decided that she would keep the baby! Since then, she has completed the course to become a dental assistant and qualified for a housing program! Her baby is due on July 4<sup>th</sup>!



**CONNIE:** Connie confided that her life was on the downhill ....she always thought that she would be married before getting pregnant, but that wasn't so in this case. She was coming from an emotionally toxic relationship and did not want to bring her daughter into those circumstances. She had a dream that she was having a girl. She came to ABC and shared that she was at Planned Parenthood abortion center the day before and unusually, one of the Planned Parenthood employees said that for some reason, she didn't feel she belonged there. Connie left the Planned Parenthood a bit astonished, and the next day came to ABC for an ultrasound. After explaining the baby's development and seeing Evie on screen, she changed her mind! We have been helping her financially with part of her rent. She had Evie on November 11<sup>th</sup>!



## On-Line Reviews for A Best Choice Mobile Ultrasound & Pregnancy Resource Center

“Awesome people! From the moment I walked in, the staff made me feel welcomed, supported, and cared for. They provided all of their services completely free of charge, which was such a blessing during a stressful time. Everyone was kind, professional, and truly compassionate — you can tell they really care about the people they help. They took the time to answer all my questions without making me feel rushed. I'm so grateful for the support they gave me, and I would recommend them to anyone needing care and guidance. They truly go above and beyond!”

“I am so blessed to have had the opportunity to have a free ultrasound with the ladies at ABC. My experience was quick and convenient. These women were completely non-judgmental and very kind and compassionate. They made me feel comfortable and cared for in my extremely difficult situation. They provided me with many resources and were willing to help me in any way they could. If you are considering using this free service, DO IT. 10 out of 10!”

“These women are beyond compassionate from beginning to end they make you feel comfortable throughout your entire time here. It felt like I was talking to family at the kitchen table. I'm so grateful and they are very informative whatever the circumstances they are there for you and they prayed at the end for me — it was amazing.”

“These lovely women are doing such amazing and needed work. They are informing the misinformed and encouraging the women who come and need help or an ultrasound. I went to

receive an ultrasound and got so much more. I now look forward to supporting them in all they do.”

Your generous support of A Best Choice Mobile Ultrasound and Pregnancy Resource Center means so much to the moms, dads, and babies we help. Because of great friends like you, ABC can act quickly and efficiently to reach women where they are in their hour of need and provide them with emotional and financial supports to help them choose life for their children.

Whether we are counseling an abortion-minded woman, showing her baby on ultrasound, referring her to pre-natal care if she has no insurance, or driving her to a maternity home where she can stay during her pregnancy and beyond, we are committed to making sure that moms have every support necessary---and all this is possible thanks to you.

All of us at ABC are so grateful for compassionate members like you, who are committed to helping vulnerable women in unplanned pregnancies each day. We know that you care deeply for moms and babies and are willing to do whatever it takes to ensure their well-being. Because of great friends like you, ABC can act efficiently to make appointments and offer ultrasounds when we are needed to help moms and babies who need us most. From free pregnancy tests, ultrasounds, counselling, maternity home referrals, pre-natal care referrals, emotional and financial assistance, you are an essential part of each step in the rescue of a mom in an unplanned pregnancy and an unborn baby.

With you by our side, we can give moms and babies a brighter future. I hope you’ll consider sending a special gift today to ensure that we can be there for moms and babies who urgently need our help.

On behalf of all the babies you have helped, just like Melissa, etc. thank you. And thank you for being a kind friend and donating as generously as you can today to reach more vulnerable moms and babies who are relying on us for moral and financial support---we can’t do it without you.

### **Help us to Make a Difference—View Our Wish List of Our Greatest Needs:**

We are excited to invite you to be part of our campaign, and we’d love your support! We have created a “wish list” of needs that will directly benefit moms in unplanned pregnancies and unborn babies.

*Ultrasound Technician Wages* so Women Can See Their Babies: \$40,000/year

*Medical and Commercial Insurance:* \$7,000/year

*Gas* to Operate the RV: \$5,000/year

*Uber* to Transport Women to and from our mobile medical clinic: \$5,000/year

*Walmart Gift Cards* provided to women for formula, diapers, groceries: \$5,000/year

*Website:* Women find us through our three web sites covering the DMV area: \$3,000/year

*RV Maintenance:* \$3,000/year

Every item—big or small—helps us reach our goal and makes a meaningful impact. Our vision is to make abortion unthinkable in the DMV area by allowing pregnant women in crisis to encounter their child in the

womb. The national statistic for women in unplanned pregnancies who see their baby on ultrasound and decide to choose life is 80%. If we can save the mom, we can save the baby!

## **Abortion Facts**

According to the Charlotte Lozier Institute, there were 16,139 abortions in Virginia in 2021, and 57% of the abortions were from the abortion pill. In Washington, D.C., there were 3,870 abortions in 2021, and 1,994 were from the abortion pill. In Maryland, there is no data collected on abortion, so we don't know for sure how many abortions are estimated to have been performed in the DMV area. A recent study by the Guttmacher Institute has revealed a significant 16% increase in abortion rates in Virginia over the past year, with many patients traveling from outside the state since Virginia currently has no restrictions on abortions until the third trimester. We need to make our legislators aware of their duty to fight for the unborn by providing more supports for pregnant women and women with children!

Please keep us in your prayers for another year of “save the mom, save the baby!”

## **A Best Choice Mobile Ultrasound Results Over the Last 6 Years**

- **COUNSELED ~1500 WOMEN**
- **GAVE ~1250 ULTRASOUNDS**
- **HELPED TO SAVE 223 BEAUTIFUL BABIES**

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## **Some of ABC's Recent Miracles**

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