



# A Best Choice Mobile Ultrasound & Pregnancy Resource Center

## DECEMBER 2020 NEWSLETTER

Thanks to your generous support in the last 3 ½ years, A Best Choice has:

- **Counseled 531 women**
- **Given 393 free ultrasounds**
- **Saved 106 babies, including 5 sets of twins!**

**With your help, 106 abortion-minded women chose life for their babies!**

**The beauty of our ministry is that we enable mothers to see their unborn children via ultrasound, empowering the vast majority of them to choose life. The ultrasound image of the baby helps the bonding process and wakes up women's maternal instincts.**

**A couple stories of the women we have helped ...**

(Names have been changed for confidentiality.)

**Shirley** came to us for an ultrasound and was abortion-minded. She already had two children, one who was four years old and a one-year-old baby. She and her boyfriend were out of work and didn't feel that they could support another child. After the ultrasound, we asked them to give us time to raise funds to help them in their situation. We explained that there were many amazing people behind A Best Choice's ministry who would come to their aid if they were open to life. They agreed, and we ran a **Go Fund Me** page that successfully helped them with their rent. Their daughter, Dream, was born July 27<sup>th</sup>!



**Elizabeth** arrived in Northern Virginia from California and discovered she was unexpectedly pregnant. Distressed since she didn't have a stable place to live and without a job, she was leaning toward abortion. However, after she saw baby Mateo on ultrasound and received an offer of help from us, she decided to have her baby! We helped her with part of her rent and she was able to find a job shortly thereafter. She sends us photographs of Baby Mateo's progress often and is very thankful to A Best Choice Mobile Ultrasound for helping her keep her baby ... the love of her life, born December 9, 2019.





**Debbie** emailed us at the beginning of the COVID-19 outbreak and told us she wanted an abortion because she had no insurance and abortion was less expensive than prenatal care. Alarmed at her request, we immediately called Sarah at Gabriel Project who was able to connect her with Tepeyac Family Center, allowing her to receive prenatal care.



It is truly amazing to see God at work, directing abortion-minded women to us in a way that allows us to figure out their needs and to respond accordingly! Baby Charlie was born October 12<sup>th</sup> and Debbie is enjoying her little miracle!

**Marisa**, working as a nanny from Brazil, came to us for an ultrasound in a state of panic. She said if the family she worked for found out she was pregnant, she would lose her job and be sent back to Brazil. When we gave her the ultrasound, she was overwhelmed with emotion and knew she could not abort her baby.



We promised we would support her throughout her pregnancy and allayed her fears. We gave Marisa a follow-up ultrasound later, with the father of the baby present and they told us they have plans to get married. Baby Anthony was born September 30<sup>th</sup>! There are happy endings!

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### **Bishop Burbidge Blesses our 4-D Ultrasound Machine!**

Bishop Burbidge blessed our 4-D ultrasound machine August 22, 2020 outside the Alexandria Women’s Health Clinic abortion center. The Knights of Columbus Mount Vernon Council #5998 and Ascension Council #9285 purchased the **4-D ultrasound machine which gives mothers a clearer picture of their baby and shows the baby’s heartbeat in color, making his or her humanity more clear to moms.**



**“Psalm 139: For you formed my inward parts, you knitted me together in my mother’s womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it well. My frame was not hidden from you when I was being made in secret.”**





## **We Need You Right Now!**

**We continue to be a presence outside abortion centers in Alexandria and Falls Church and plan to expand to Woodbridge and Manassas, where the need is greatest.**

**We are seeking to add another ultrasound technician to our staff so that we can be available Monday-Friday. We would like to be out at more locations, more days, to see more women, to give more ultrasounds, and to save more children!**

**The COVID crisis has harmed our fundraising, so we need your help more than ever. We hope to raise \$150,000 to cover our expenses for the coming year.**

Our current need is for operating expenses to ensure we are on the road, giving free ultrasounds to mothers in unplanned pregnancies, offering counseling, and financial assistance such as help with part of their rent, food or whatever a woman may need to make a decision to keep her baby.

Our budget's basic needs are medical malpractice insurance, financial assistance for the women we help, wages for our dedicated staff--including a new ultrasound technician, gas, vehicle insurance, and vehicle maintenance.

**If you can afford \$5,000, that would be amazing. \$1,000? \$500? \$100? Truly, any amount will do, but we need you right now.**

**Your prayers.** Please offer prayers asking God to bless our work and to inspire the women we see to choose life for their children.

**If you would like to make a tax-deductible donation online, please visit our website at:**

**[www.abestchoice.us](http://www.abestchoice.us)**

or you mail a donation to:

**A Best Choice Mobile Ultrasound, P.O. Box 7450, Woodbridge, VA 22195**

**With the enclosed envelope.**

To contact us directly, please call (703) 946-3077 or [abestchoiceforyou@gmail.com](mailto:abestchoiceforyou@gmail.com)

Thank you for your prayers and your generosity! May God bless you!



**Your financial assistance.** Your tax-deductible donation is critical to support our operations so we can continue to protect the lives of the unborn.



## Pro-Life Efforts

Our efforts have real impact because we show women their babies on ultrasound, counsel them, and offer emotional and financial support. Your support will ensure we have every available resource to defeat the culture of death by our pro-life presence and life-saving ultrasound.

## Pro-Life Presentation to Youth

We have been on the road taking our wonderful, Diocesan-approved, pro-life presentation, 'When a Friend Says, "I'm Pregnant"' to parish youth groups and Catholic schools. John Murray, Pro-Life Coordinator at St. Mary of Sorrows Church, developed the presentation which he and Angela Clark present. It provides critical information that young people need to help a friend who experiences an unplanned pregnancy. We have given the presentation at:

- George Mason University
- Bishop O'Connell High School
- Christ The Redeemer
- Our Lady of Angels
- St. Francis de Sales
- St. Veronica

If you are interested in having us give a presentation to your church youth group or school, **please call (703)946-3077 to set a date.** There is no charge for the presentation.

## In Defense of the Unborn

Governor Northam has rescinded the law for the 24-hour waiting period and requirement for women to have an ultrasound confirming pregnancy before an abortion. However, many women who are abortion-minded still want to know how many weeks pregnant they are. We give moms one last opportunity to bond with their babies.

We need a "Life at Conception" law to protect the unborn from conception to birth.

Please encourage your legislators to support pro-life bills.

