



A BEST CHOICE MOBILE ULTRASOUND & PREGNANCY RESOURCE CENTER



DECEMBER 2021 NEWSLETTER

Thanks to your generous support in the last 14 months, A Best Choice has:

- Counselling 218 women
- Administered 193 free ultrasounds
- And helped save 25 beautiful babies!

The beauty of our ministry is that we enable mothers to see their unborn children via ultrasound, empowering the vast majority of them to choose life. The ultrasound image of the baby helps the bonding process and wakes up women's maternal instincts. Moms can see the humanity of their child.

A few stories of the women we (and you, through your generosity) have helped...

(Names have been changed for confidentiality.)



LAURA had taken Plan B (the Morning After Pill) which normally causes a chemical abortion of an unborn baby. She called A Best Choice because she felt she was still pregnant and wanted confirmation. We gave her a free ultrasound and found out that indeed, she was still pregnant. She changed her mind after connecting with her baby on ultrasound and after an offer of help. We found out what her situation was and how to help her immediate needs. She worked with a construction company, painting houses. As the sole bread winner of the family, she would lose her job if pregnant, since she wouldn't be able to continue working due to the physical exertion and the fumes. She already had a four year old and was a single mom with an absentee father. We are providing financial assistance to help her pay part of her monthly rent. She decided to keep her baby, **Mia**, who was born October, 14th! She was 8 pounds, 10 ounces!

RACHEL came to us for an ultrasound, nervous that she may be pregnant. She was living with her mom and her two young children. She was suffering from depression and had two previous abortions. To make the situation more dire, she previously had experienced high-risk pregnancies. I asked her if she would consider adoption—to which she responded that she had an aunt who couldn't have children who may be open to adoption. However, when she saw the ultrasound image, she instantly bonded with—and decided to keep—her baby. After experiencing a condition known as cervical incompetence, she was on bed rest for most of her pregnancy. The happy ending to this story: she had a beautiful girl named **Khailani** on October 28th who was 6 pounds, 5 ounces.



LISA, an 18-year old nursing student took a pregnancy test at MaRiH Center which indicated positive. She was unsure about whether to continue her pregnancy, so MaRiH Center referred her to us for an ultrasound. She was accompanied by her mother, who said that this was a situation where a 'baby' was having a 'baby' and she wasn't sure how the situation would work out. Lisa confided that when we gave her the ultrasound, she was elated to hear her baby's heartbeat and that made all the difference. She gave birth to a healthy baby boy, **Kaiden**, who was 7 pounds, 2 ounces, on April 26th.



This next story is about a pregnant woman from Asia, who is a college student. The father of the baby was pressuring her to have an abortion. She is here on a student visa and is not eligible to be employed. On May 29th, we sent an email to our supporters asking for financial assistance to help her with food, rent, prenatal essentials and other expenses. The response was overwhelming! The young woman is sincerely grateful for the outpouring of generosity and she and A Best Choice Mobile Ultrasound once again express thanks to all of you. **It is wonderful how the pro-life community pulls together at times like these and provides support that means so much to someone in need.** Being part of the effort to help this young woman choose life is something we can all be proud of!

Please Help Now!

We continue to be a presence outside the abortion center in Alexandria and travel to Woodbridge, where the need is equally great.

Our current need is for operating expenses to ensure we are on the road, giving free ultrasounds to mothers in unplanned pregnancies, offering counseling, and financial assistance, including help with rent, gift cards for food, diapers, formula, baby clothes, as well as fuel, RV expenses, and wages for our dedicated staff.

Your prayers: Please offer prayers asking God to bless our work and to inspire the women we see to choose life for their children.

If you would like to make a tax-deductible donation online, please visit our website at:

www.abestchoice.us

Or you can mail a donation to:

A Best Choice Mobile Ultrasound, P.O. Box 7450, Woodbridge, VA 22195

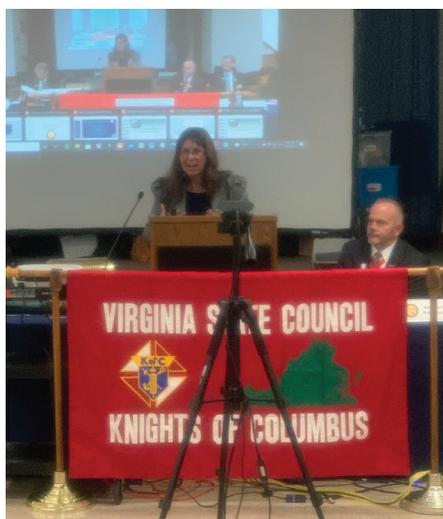
With the enclosed envelope.

To contact us directly, please call (703)946-3077 or abestchoiceforyou@gmail.com

Thank you for your prayers and your generosity! May God bless you!

Presentation to Knights of Columbus **Virginia State Council Meeting**

Angela Clark, Director of A Best Choice Mobile Ultrasound, was honored to speak to the Knights of Columbus at the Virginia State Quarterly Meeting and to the Ladies of Virginia in Newport News on October 2, 2021. We were grateful to share our wonderful work of saving lives and asking for an increase in prayers and donations to support the maintenance and operation of our vehicle and equipment, so that we can be out more locations, more times, saving more moms and babies.



2021 VISION VEHICLE CAMPAIGN



ABC's "2021 Vision" Vehicle Campaign is our vision for saving more unborn babies and helping moms with a new mobile ultrasound vehicle! For the past nine years, ABC Women's Health and Ultrasound has been Northern Virginia's **"Pro-Life 911" free mobile ultrasound clinic for unborn babies and their moms.**

Our current vehicle is 21 years old and requires frequent and expensive repairs. Our vision is to replace it with a new vehicle, reducing maintenance downtime and increasing our ability to serve pregnant women.

As a result of the tireless efforts and overwhelming generosity of priests, deacons, the Knights of Columbus, and parishioners throughout the Arlington Diocese and other supporters, A Best Choice has now reached our goal of \$150,000 to purchase a new Phoenix TRX vehicle to be equipped with counseling area, examination table, and 4-D ultrasound.

You made it possible. It wouldn't have happened without you.

Our new vehicle will be more reliable, safer to drive, easier to park, and have a more professional and inviting appearance. It will be operational and serving women, couples, and unborn babies instead of being in the shop under repair! We expect to receive our new vehicle within approximately six to eight months, once the nationwide production backlog is resolved.

Your prayers and support help us save the lives of unborn babies and save mothers from a lifetime of regret. Our sincere thanks and gratitude for making that possible!

Pro-Life Efforts

Our efforts have real impact because we show women their babies on ultrasound, counsel them, and offer emotional and financial support. Your support will ensure we have every available resource to defeat the culture of death by our pro-life presence and life-saving ultrasound.

Pro-Life Presentation to Youth, 'When a Friend Says, 'I'm Pregnant'

We have been on the road taking our wonderful, Diocesan-approved, pro-life presentation, 'When a Friend Says, "I'm Pregnant"' to parish youth groups and Catholic schools. John Murray, Pro-Life Coordinator at St. Mary of Sorrows Church, developed the presentation which he and Angela Clark present. It provides critical information that young people need to help a friend who experiences an unplanned pregnancy. We have given that presentation at George Mason University, Bishop O'Connell High School, Pro-Life Camp Joshua and the following parishes:

- Christ The Redeemer
- Our Lady of Angels
- St. Francis de Sales
- St. Veronica

If you are interested in having us give a presentation to your church youth group or school, please call (703) 946-3077 to set a date. There is no charge.

At 50th Annual National Right to Life Convention in Virginia



Lee Haney (Counselor), Angela Clark,(Director) with Bishop Burbidge



Donations to A Best Choice Mobile Ultrasound

We are very grateful to the Lighthouse Project at Truist Bank for donating diapers, blankets, and pre-natal vitamins to us to help new moms and babies.



Miracle Lillian Angelica

Lilly, the God Daughter of Director, Angela Clark, turns five!

In Defense of the Unborn

We are elated that finally, after several long years, we now have a pro-life Governor-Elect in Virginia, Glenn Youngkin! We hope that he will reinstate the 24-hour waiting period and requirement for women to have an ultrasound confirming pregnancy before an irreversible decision to have an abortion.

We are amazed that pro-life legislation in Texas and Mississippi have been gaining ground and pray for the day that a “Life at Conception” law will protect the unborn from conception to birth.

Please encourage your legislators to support pro-life bills.

We Appreciate Your Continued Support!

Psalm 139: For you formed my inward parts, you knitted me together in my mother’s womb, I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it well. My frame was not hidden from you when I was being made in secret.

