

**SPRING
2026**

ABC Women's Health & Ultrasound Center



Pro-Life Ministry
ANGELA CLARK, DIRECTOR



**A Best Choice
Mobile Ultrasound
& Pregnancy
Resource Center**

Our Mission is to serve women across Northern Virginia, Washington, D.C. and Maryland by bringing free services directly to them with our mobile pregnancy center. This outreach



model increases accessibility for women who may not otherwise seek help at a physical pregnancy clinic.

**1,670
WOMEN COUNSELLED**

Ultrasound imaging provides critical medical confirmation of pregnancy and allows a woman to see her unborn child on screen and encounter the baby's heartbeat.

Our Vision is to help women navigate their

concerns by providing material, emotional and spiritual support, connecting them to resources for medical care, housing, and adoption services. We help with rent, daycare, diapers and formula on a case-by-case basis. We encourage pregnant moms that continuing their career and educational goals are possible and that support systems are available. We connect women with prenatal care and maternity homes.

A Best Choice Mobile Ultrasound & Pregnancy Resource Center has counselled 1,670 women, has given



**1,395
FREE ULTRASOUNDS**

1,395 free ultrasounds, and has helped to save 259 beautiful babies since 2019!

We currently serve women in unplanned pregnancies in Northern Virginia, Washington, D.C., and Maryland. If a woman has no access to transportation, we provide an Uber to

bring her to us and to take her back home.

**259
BABIES
SAVED**



**DONATE
NOW!**



A Best Choice

www.abestchoice.us



DIocese of ARLINGTON

Office of the Bishop

200 North Glebe Road, Suite 914 • Arlington, Virginia 22203 • Office (703) 841-2511 • Fax (703) 524-5028

April 22, 2026

To Whom it May Concern,

I am writing in support of an application submitted by A Best Choice Mobile Ultrasound and Pregnancy Resource Center, a Catholic-run, pro-life mobile ultrasound clinic. The Executive Director, Angela Clark, has been a crisis pregnancy counselor for twenty-four years. For the past sixteen years, A Best Choice has offered free pregnancy tests, limited ultrasounds, and compassionate one-on-one counseling to women distressed by an unplanned pregnancy and continues to provide emotional and financial help to mothers after their babies are born. Since 2019, A Best Choice has counseled 1,670 women, given 1,395 free ultrasounds, and helped to save 259 babies. A Best Choice recently received the 2000th ultrasound machine from the Knights of Columbus last year.

I fully support the efforts of A Best Choice Mobile Ultrasound and Pregnancy Resource Center in its endeavors to reach women in their hour of need and encourage you to do the same. If you have any questions, please call Angela Clark at (703) 946-3076 or visit the websites at www.abestchoice.us and www.abcwomenshealth.com.

Sincerely,

Most Reverend Michael F. Burbidge
Bishop of Arlington



ABC
Women's
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& Ultrasound
Center

Pro-Life Ministry
ANGELA CLARK, DIRECTOR

A BEST CHOICE

P.O. Box 7450

Woodbridge, VA

22195

Donate by check made to A Best Choice and mailed to A Best Choice, P.O. Box 7450, Woodbridge, VA 22195 or by scanning the QR code to the right.

A Best Choice Mobile Ultrasound & Pregnancy Resource Center is a Virginia 501(c)(3) nonprofit and all donations are tax-deductible, EIN#27-1269871.

